

# St CYRUS NEWS

ISSUE 5

OCTOBER 2005

## **SHAME**

What a shame that the first thing all visitors and locals see whenever they enter St Cyrus is the ugly, neglected, run down and quite frankly off-putting railings. First impressions of St Cyrus should be of a positive nature. I did hear a rumour about them being painted or replaced. Surely they should take top priority - come on chaps - cut the red tape and excuses and get on with it.....(late news just in - Gavin Farquhar reports Aberdeenshire Council are looking into the discussions re painting of railings) I am holding my breath.....

If you have an item for inclusion in the **next edition** - out in **FEBRUARY** 06(this covers FEB,MAR,APR,) get it to me by **DECEMBER 30TH** please -

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Rosefield  
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St Cyrus  
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Tel - 01674 850340

(Donations received for last issue £39.94. Thank you one and all)

Before I have yet another senior moment -just wanted to say

**"MERRY CHRISTMAS" and a "HAPPY  
NEW YEAR" TO EVERYBODY IN St  
CYRUS - hope you all behave  
yourselfs ?????!!!!!!.....**



## **Inside this issue**

- Community news
- "New Year Party"
- Flower Show Results
- What's on
- Bowling Club
- R.A.F. St Cyrus

# **St Cyrus Community Council**

(collated from minutes JJ)

## **10 May 2005 minutes**

Wheellie bins are to be 240 litre capacity and collected every fortnight as from OCTOBER. Recycled material is to be collected every alternate week and there will be a special collection for bulky materials. Don't forget everybody, to use the recycling facilities at the Public Park.

Footpath works are ongoing at Lochside Road.

## **Treasurers Report**

Printed balnce sheet showed £1372.53

## **14 June minutes**

Railway cutting - the initial clean up has been done . It has been reported that dumping is still going on here. Flyers have been posted round to avoid any more dumping. The next stage of the clean up will be the formation of a path (planning permission to be checked for this) if the budget allows. Landscape Services from the Council would be happy to help in securing a supply of trees and bushes.

Christmas Tree Fund - The question of lights on smaller trees was raised but decided funds were not available in the X-mas Tree Fund this year.

Lighting has now been installed in the park.

Traffic Calming Measures - plans are to be put on view in the public hall.

With regard to the illegal activity of quad bikes on the St Cyrus Reserve one person has been apprehended and given a warning by the police

## **Treasurers Report**

Report presented -£1824.34 C

## **12 July minutes**

Highlighted appreciation for the work of C.B.O. Constable Scott Forbes noting that incidents of vandalism seems to be reduced. Speed limits are to be renewed on the back road and in the interim cleaned and the verges cut back. Kirkside road is to receive immediate patching with full repair work taking place at the end of the year. Lochside play area to be taken forward with proposals for shrubs, fencing and lay equipment.

Crossroads at South Barns was noted to be melting in the unusually hot weather.

## **Treasurers Report**

No movement since last meeting

## **9<sup>th</sup> August minutes**

Scottish Water - letter received (26<sup>th</sup> Jul) stressing disappointment at deferment. Certain parts of the project can proceed without planning permission and are doing so.

Police Reports - Scott Forbes reports no significant reported vandalism during the school holidays.. Apparently the level of vandalism in the Public Park has reduced lately. Scott Forbes efforts and results were acknowledged and it was suggested that perhaps the pressence of the Village Orderly also had some bearing on the reduction.. Recycling/fly tipping - concerns were raised to the implementing of the new wheellie bin system. Bill Howatson stated that a 240l bin would be given out along with recycling boxes and sacks. The bin to be collected every 2 wks and the box and sacks every alternate 2 wks. Larger items can be picked up and disposed of by arrangement. - this is to encourage people to re-cycle themselves. A campaign is to be launched to inform the general public. Recreation Assoc. to investigate Public Park light not working. Further consultation is required for more lights to allow for winter training for sports in the park.

## **Treasurers Report**

Nothing new to report

Next meeting - 13<sup>th</sup> September 2005 at 7pm - village hall

# **St Cyrus Public Hall**

(collated from minutes JJ)

## **21<sup>st</sup> June 2005 minutes**

Treasurers report Current acc. £6877.15

Cash £1.90

Newsletter £111.17

Maintenance work. Bernard Tuck has now resigned from his role as voluntary "odd job" man due to ill health Derek Ritchie will now be hired for maintenance work.

Playgroup will reduce their use of hall next term due to reduced numbers.

A notice is to be displayed indicating Car Parking for Hall is at the rear of the building.

## **25<sup>th</sup> August 2005 minutes**

### **Treasurers report**

Current acc. - £5316.26

Newsletter - £106.13

Hall Security - we informed Police of youths climbing on roof at the Hall and the C.P.O. now includes the Hall on his route around the village. It was decided that the Hire of Hall table and chairs for off site purposes would be refused as there is no insurance cover for equipment off site.

There is a need for all groups to check the safety of their equipment as the premises are likely to be inspected by Aberdeenshire Council before they will issue the Public Entertainment Licence to the hall

Date of next meeting - Wednesday 2<sup>nd</sup> November 7pm

## **CRIME BULLETIN OFFENCES**

From Community Beat Officer - Coastal Villages Constable Scott Forbes

## **23<sup>rd</sup> May - 5<sup>th</sup> June 2005**

Theft by housebreaking (All types) - 2

Theft of Vehicle and contents - 1

## **6<sup>th</sup> - 19<sup>th</sup> June 2005**

Priority crimes in St Cyrus - none

## **20<sup>th</sup> June - 3<sup>rd</sup> July**

Priority Crimes in St Cyrus - Vandalism 1

St Cyrus village is covered by Grampian Police and the **0845 600 5700** telephone number can be utilised for calls concerning any type of minor crime etc. e.g. petty vandalisms, anti-social behaviour, minor road traffic issues etc. The police appreciate any information, no matter how trivial it may seem, so that we can do our utmost to keep the village crime free. **In an emergency dial 999**





A selection of Ladies from the Ladies Day, 18/6/05  
(Andy Thompson Photography)

## **2006 GALA DAY in June update**

The Gala Day Committee have two more fund raising events lined up before the end of the year

- A "Night at the Movies" Quiz - to be held on Friday 28<sup>th</sup> October in the St Cyrus Hotel at 8.00pm  
All welcome to come along and test their knowledge!!!!
- A "St Cyrus New Years Party" - to be held on Friday 30<sup>th</sup> December from 8.00pm - 01.00 am in the Village Hall. This will be a ticket only event and tickets at £5.00 per person will go on sale soon. Keep an eye on local press for details.

We would like to take this opportunity to thank everyone who has been supporting us throughout our events so far (the balloon race, Ladies Day and the recent Car Treasure Hunt). We are managing to raise funds from our events but the more support you give the better the St Cyrus Gala Day be.

We are planning to hold a public meeting in the Village Hall in October this year and invite along representatives of all local groups, so that we can establish what form the Gala Day may take. Letters will be sent out soon . All residents in St Cyrus are most welcome to give their points of view.

## ST.CYRUS W.R.I.



### SESSION 2005 - 2006 77th.year

Monthly meetings commence on Monday September 5<sup>th</sup> at 7.30pm, Village Hall. New members and visitors welcome at any meeting. Do come and join a varied programme.

#### September 5<sup>th</sup>

Speaker Carol Medlock - Mains of Haulkerton  
- Organic Farming  
Competitions -(1) 4 Oat Cakes, (2) spurtle, (3) F.O.M.

#### October 3<sup>rd</sup>

Visit to Final Touches - Laurencekirk

#### November 7<sup>th</sup>

Speaker Marjory Stephen - The Old Sweetshop, Stonehaven  
Competitions (1) 3 Truffles, (2) Bon Bon dish, (3) F.O.M.

#### December 5<sup>th</sup>

Speaker Kathleen Masson - Cooking for Christmas  
Competitions (1) 3 Meringues, (2) Pretty serving plate, (3) Foliage plant  
Bring & Buy stall

#### January 16<sup>th</sup> 2006

Birthday Party

#### February 6<sup>th</sup> 2006

Speaker Warren Saunders - Spring Gardening At Burnside House, Edzell  
Competitions (1) 2 Gardening tips, (2) 3 Gypsy Creams, (3) Bulbs

## St Cyrus Outdoor Bowling Club

### Season 2005

#### Bowling Green Synthetic Surface Renewal

Following much hard work by Club members and the generosity of St Cyrus citizens, our target of £29,000 will hopefully be achieved in Mid September with work by our contractors - "Greengauge Surfaces" commencing early in October.

We wish to thank all those people who attended the following fund raising functions raising over £1000 in total

- Whist Drive
- Table Top sale/Coffee morning
- Car Boot sale
- The Treasure Hunt

We also wish to thank our friends in the Indoor Bowling Club who have promised a donation of £1000 and The St Cyrus Rafter's for their generous donation of £400 along with all other donations by our friends.

We have been lucky enough to be awarded 2 grants from Charitable organizations

- £6500 from The Foundation for Sports & Arts
- £2698 from The Lottery - Awards for All

Our own funds along with members donations amount to over £16000, so providing Aberdeenshire Council agree to a promised grant of £7300 on the 14<sup>th</sup> September (it is their green by the way) all should be go for work to start in October.

The season has once again produced some enjoyable afternoons and evenings of bowling, although our final position in the Kincardine & Mearns League can only be improved on next year - as we finished "last".

The existing bowling surface which was laid over 20 years ago is reputed to be the oldest synthetic bowling green in the U.K. and possibly in the world. Should the renewal happen in October it is hoped that the Opening Ceremony will be attended by the current Scottish Bowling Champion - Alex Marshall who was also runner-up in this years World Championship

Mick Wilson  
Secretary  
Tel 01674 850824



## **Mearns Coastal Parish**

The Congregational Board have appointed an architect to develop plans for the improvement of facilities in St Cyrus and Johnshaven churches. Plans have been on the notice boards at the village hall and churches and comments are welcome.

### **Johnshaven Church**

Renovation of the kitchen  
Improvement of hall and installation of disabled toilets.

### **St Cyrus Church**

Extension of the vestibule area to let small meetings to be held in the building.  
Installation of kitchen facilities and new toilets to comply with current regulations.  
Fire exit and improved access for disabled people. Roof and tower repairs and external renovation to the stone work. New heating and lighting.

### **Harvest of the Mearns**

This will take place on Saturday 24<sup>th</sup> September at Mearns Academy between 11.00 - 3pm. Come along and meet local farmers and producers and celebrate the harvest.

Our local Harvest Sunday is on 23<sup>rd</sup> October.

### **Sunday 27<sup>th</sup> November**

Communion Service at St Cyrus for the whole parish at 11.30. There are usually St Cyrus services each Sunday at 11.30

### **Christmas Services**

Saturday 24<sup>th</sup> December - Christmas Eve service at St Cyrus 7p.m.

### **Sunday 25<sup>th</sup> December Christmas Day**

service at Johnshaven at 10 a.m.

### **2006**

In 2006, services at St Cyrus will all be at 10 a.m. and at 11.30 at Johnshaven



zrewinners at the St Cyrus Flower Show which was held in the village hall on Sunday 14<sup>th</sup> October

## **The 19<sup>th</sup> St Cyrus Flower Show**

Took place on Sunday 14<sup>th</sup> in the village hall -

Entries in the Industrial section was very disappointing, however new names on other trophies is encouraging

Results as follows:-

### **Garden Section**

Best Flower garden	Mrs K Masson
Best Veg garden	Mr G Anderson
Best Container	Mrs M Hadden
Best overall garden	Mr G Anderson
Best water feature	Mr & Mrs A Wood

### **Show Trophies**

Comrie Memorial Trophy	Potato	Mr J Forsyth
Revivals Cup	peas/beans	Mr J Forsyth
Smiths Shield	cut flowers	Mrs K Masson
McNicols Cup	Dahlias	Mrs K Rae
Betty Winslow cup	Marigolds	Mrs I Smith
George Winslow cup	Carnations	Mrs K Masson
Lauriston Salver	Roses	Mrs K Hourston
Thompson Cup	Industrial	Mrs A Coutts
Body & Face	Pot plants	Mrs K Masson
Hadden Memorial Trophy	Geraniums/Fushia	Mr I Henderson
Webster Memorial Trophy	Begonias	Mr I Henderson
Smith Salver	Floral Art	Mrs I Smith
Thomson Shield	Fruit	Mrs K Rae
Kieth Cup	Baking	Mrs H Keith
Davidson Shield	Preserves	Mrs H Keith
Singleton Salver	Senior citizen	Mrs C Henderson
Comm Council Rose Bowl	Mr G Anderson	

### **Junior Section**

Jonwen Cup 13 - 16yrs	NOT AWARDED
Craighill cup 5 - 12yrs + Youth club shield	Megan Tuck

### **School childrens Section**

P1-2 Loreli cup	Ruadhan Stuart
P3-4 Davidson cup	Rolsean Farquhar
P5-6 Herd cup	Lily Beare
P7-S1 Finella Cup	Megan Tuck



## Garden Birds in St Cyrus

I live on the edge of the village and have a medium sized mature garden with lots of shrubs, mature trees, lawn and a wild patch. A few years ago I joined the Royal Society for the Protection of Birds (RSPB) and learned how to attract and encourage birds into my garden. This short article describes what you could do and the kinds of birds you might attract into your garden.

Firstly you may ask why do I need to do anything for birds in my garden? Very many garden birds, as well as farmland birds, which were once common are now becoming scarce. Although the root causes of this scarcity are not fully understood, it is believed that modern farming practices such as removing hedgerows, the use of pesticides, the use of herbicides, and many other factors have contributed to the decline in numbers of many species of birds. However gardens can become oases for birdlife and through the provision of suitable habitats, food and water in gardens we can help sustain not only threatened birds but also the more common garden favourites.

You don't have to be a "twitcher" to enjoy birds in your garden. You don't even have to be a birdwatcher or a member of the RSPB. Most people already know quite a lot about birds and can recognise the robin, blackbird, swallow, crow, rook, sparrow, blue tit, pheasant, thrush, pigeon, dove, wren, starling. I mention these as all these birds either live or come into my garden to feed plus a whole lot more.

It is very easy to feed wild birds. You don't necessarily have to buy peanut and birdseed feeders from the petshop in Montrose High Street or the Montrose Basin Reserve shop although there is a fantastic choice at a range of prices in these places. Birdtables can be made out of scrap materials, bird food can be scattered on the ground or left out on trays. In my garden I have a range of seed and peanut feeders, and a birdtable. I also hang fat balls on hooks in the trees and scatter bird food on the ground.

I use mixed wild bird seed in several of my feeders and these attract house sparrows, tree sparrows, green finches, chaffinches. I use peanuts in two feeders which attract blue tits, great tits, coal tits and great spotted woodpeckers. I scatter a mixture of ground up peanuts, bird seed, breadcrumbs and oats onto the ground in several places in the garden for ground feeding species such as song and mistle thrushes, redwings, blackbirds, robins, dunnocks, collared doves, pigeons, starlings, and the odd pheasant. I have a nyger seed feeder which attracts flocks of gold finches. Blackbirds are also very partial to raisins and currants and in the winter any left over fruit and in particular cooking apples. Also living in the garden are insect eating birds such as pied wagtails, wrens and tree creepers. Certain leftover foods are suitable for feeding to the birds, for example fat, grated mild cheese, baked or roast potatoes broken up into pieces, bruised or part rotten fruit such as apples, pears, pastry, cooked rice, porridge, oats, bread crumbs. However a word of caution, only put out sufficient ground food for the birds to eat during the day otherwise you may attract rodents.

Although winter feeding benefits birds the most, food shortages can occur at any time of the year, so by feeding year round we give birds the best chance to survive. In Autumn and winter put food and water out on a regular basis and in severe cold weather twice a day. Birds need high energy foods such as fat during cold weather to survive frosty nights. In the spring and early summer birds eat extra as they feed their offspring. Finally the keen gardeners amongst us can plant berry bearing plants in the garden such as hawthorn, holly, cotoneaster and berberis the berries of which are autumn food for many birds.

In a time of global warming, climate change, ecological disasters, wildlife habitat destruction, isn't it good to think that by feeding garden birds we are doing our little bit to help the planet and protect national treasures such as the wren, the robin and the sparrow for our future generations?

For much more information about birds please visit the Scottish Wildlife Trust visitor centre at the Montrose Basin and visit [www.rspb.org.uk](http://www.rspb.org.uk) on the internet.



## DID YOU KNOW ?????

**St Cyrus Pre School Playgroup** is now entering its **31<sup>st</sup> year** and has seen many, many children through their pre-school years. The group's first play leader was Kirsteen Hourston who was paid the princely sum of **40p per hour!!!** Initially she had to store the equipment at home and transport it backwards and forwards for each session. The group have always met in the Public Hall but had a temporary move to the Scout Hut while the public hall was being re-furbished.

Over the years there have been many Play leaders and committees working hard to keep the group for future generations, and indeed many of the original playgroup kids have now used the group for their own pre-school children.

The present Play leaders, Ann and Helen, both now in their 5<sup>th</sup> year with the Playgroup are both **SVQ 111 qualified**. The playgroup provides a safe environment for all 2-5 year olds to develop their personal and social skills and provides learning opportunities in the key areas of pre-school education through play and craftwork.

Rising 3's and Playgroup sessions are available with funded places for all 3 - 5 year olds. Further new members are always welcome.

We look forward to meeting you and your young ones.

For any information please contact Beth Barr 01674 850167

## DO YOU KNOW

????????????????

### R.A.F. St Cyrus

Are there any readers who would remember anything about RAF St Cyrus. Apparently we provided long range early warning for Central Scotland and the approaches to Dundee.

Can anyone tell me where the radar site was. Photos would be appreciated.

Also how many people knew that in 1941, machine guns at Torry Point Battery, Aberdeen engaged a German plane, which had dropped bombs off Kinnaird Head. It was later brought down in flames at St Cyrus.

If you have any news of the above the Montrose Aerodrome would be very interested to know for Museum purposes

## FOR SALE

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7.30

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PRAISE BANDS  
CHOIR  
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ORGANISED  
BY  
MISSION  
TEAM

THEY NEED OUR HELP PLEASE SUPPORT THIS  
EVENT. DONATION CAN BE MADE TO  
JILL DUNCAN 850715 JANETTE HOSEA 850219

### New Hope Trust

Coffee morning - Sat 12 Nov 2005

Village hall 10 - 11.30 am

Lots of goods for Christmas presents.

\*\*\*\*\*  
Christmas baking available

\*\*\*\*\*  
Also Christmas shoe boxes and donations  
gratefully accepted

\*\*\*\*\*  
Please come and enjoy a cup of coffee and  
home bakes and support this worthy cause.

Enquiries to Mrs W Sparrow tel 01674 850739

### St Cyrus Playgroup

17<sup>th</sup> November 2005

BODY SHOP PARTY

7.30PM  
PUBLIC HALL - ST Cyrus  
Tickets £3.00

Tickets includes a glass of wine &  
raffle ticket

### Christmas Fayre/Coffee Afternoon

2.00pm  
PUBLIC HALL - St Cyrus

With Christmas shopping in mind look at the  
wonderful gift ideas from:-

Virgin Vie, Body Shop, Usborne Books, Charmed  
Jewellery, Country Essentials, Party like Candles,  
Bags to Differ, cake & candy with homemade  
hand decorated Christmas cakes,  
Visit Santa



## A Local History Corner

...About 1850 the Stone of Morphie (north bank of North Esk) was overturned by a hurricane of wind at the time when it was enclosed in a stack of grain in the stackyard of the farm, which took its name from the stone. In 1856 it was re-erected on its former site by order of the proprietor, Graham of Morphie. In the course of the excavations the workmen came upon a skeleton "of large dimensions". No cist; but the stone, which had been placed immediately over the body, measured 14 ft. long and 3.5 ft broad at the base, and 2 ft. thick towards the top. It weighed about 8 tons, and was of the white sandstone of the neighbourhood. Tradition points to this place as the grave of a somewhat mythical Camus, a Danish king who, in 1005, landed at the Redhead in Angus, and was defeated at the battle of Barrie by Malcolm II, and in his fight northwards was overtaken and killed by Keith, the founder of the Marischal family. The name of the neighbouring farm is appropriately Camustoun or Comieston, and of the den or ravine Dannie's Den.

From 'The Mearns of Old' by Crab Watt

## RABBIT CASSEROLE

*Serves 1 adult and 2 dogs.*

2 large Rabbits	1 Onion
1 Carrot	Chicken cube stock
1 Celery stick	4 Prunes/Apricots
4 rashers Streaky Bacon	2 tbs Milk
Salt and Pepper	2 tbs Cornflour

Before breakfast walk the dogs, with gun under arm. Shoot 2 rabbits to be retrieved by dogs. Having skinned and cleaned the rabbits place them, covered with bacon, in a slow cooker with all the other ingredients and enough hot stock to cover and put on HIGH. Have breakfast, then put the cooker to LOW and go to work. On return from work, mix in a pan 2 tbs cornflour with a little milk and while stirring add hot gravy; bring to the boil to thicken, then pour over the rabbits. Serve on 1 plate and 2 bowls, garnished with dog biscuits or potatoes to taste.

NOTE: The dogs' food should be served without bones.

After eating another walk is recommended either for liquid refreshment or for the ingredients of tomorrow's supper.

*John D.B. Smart, DL., Chairman of British Polyolefin Textiles Association.*



## St Cyrus Public Hall.

### Monday:-

Play Group	School Term		9.30 – 11am
Doctors Surgery	Dates - Sept/Oct	Booked	
Country Dancing	5 <sup>th</sup> Sept – May	Every week	7.30 – 9pm
WRI	7 <sup>th</sup> Sept – May	1 <sup>st</sup> Mon. of Month	7 – 10pm
OAP	Oct – April	2 <sup>nd</sup> Mon of Month	7 – 10pm

### Tuesday:-

Indoor Bowls	12 <sup>th</sup> Sept – March	Every week	7 – 9pm
Community Council	All Year	2 <sup>nd</sup> Tue of Month	7 – 9pm
STAIR Meeting	All Year	2 <sup>nd</sup> Tue of Month	10am – 12 noon

### Wednesday:-

Play Group	School Terms		9.30 – 11am
Friendship Club	All Year	Every Week	9.30am – 1pm
Whist Group	14 <sup>th</sup> Sept – May	Every Week	6.30 – 9pm
Exercise Class	All Year	Every Week	8 – 9pm

### Thursday:-

Gentle Exercise	All year	Every Week	10.30 – 11.30am
Indoor Bowls	15 <sup>th</sup> Sept – March	Every week	7 – 9pm

### Friday:-

Mum's & Toddlers	School Terms		10am – 12 noon
Tea Dancing	All Year	Every Week	2 – 4pm
Youth Club	School Terms	Junior Group	6.30 – 8.15pm
		Senior Group	8.30 – 10pm

### Saturday:-

### Sunday:-

Free Church	All Year	1 <sup>st</sup> Sun of Month	2 – 5pm
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# HELP...HELP...HELP.....HELP...OK you all seem

to be enjoying the St Cyrus Newsletter, that's great to know and down to you supplying me with lots of interesting items or just plain ordinary items all of which are good. The good news is that there have been requests for the Newsletter to have more issues in the year - I am happy to do that and issue every 3 months instead of 4. I hope to start as from February 2006 so the next issues will be in February, May, August, and November 2006.

It would be good to have a creative corner in the Newsletter - this can be anything like an interesting photograph or picture, postcards, recipes (your own concoction), crosswords, poetry (something what you wrote yourself, puzzles, drawings, creative writing, a cartoon and can be from anyone of any age - young children, middle aged, or more matured, boys or girls, working or living the life of Riley - you are all eligible, and I won't take any excuses - none. (being a mum I have heard them all). Check out your drawers (wooden ones I mean) get out the old postcards. Get them to me and I can copy them and give you the original back straight away - no problemo.

Help me out here chaps and chapesses

I would like to expand on the historical side of the village so any stories or pictures, documents with interesting facts, figures, population counts that sort of thing, photographs of buildings, houses in the past, houses no more, .

Also it would be good to read about our sports people and children from the village - who are you, what have you been doing, what trophies have you won, your photographs, football teams, golf teams, horses and shows, angling, share your achievements with the rest of the village - we want to know and we can then support you.

P.S. I have no children at St Cyrus Primary School so news of what they are all getting up to would be interesting for the village and visitors alike. Thanking you - in advance. JJ

## MY DAUGHTERS GAP.....???

Well Sarah made it out to India despite all her mother's irrational fears e.g. she would sleep through or miss her boarding call. Her passport would have disappeared because she hadn't put it where mother suggested. She got on the aeroplane but it was hijacked by some obscure terrorist group just as the air stewardess was about to hand out the nuts. Thunder and lightning and other acts of god did not strike it down. It did not disappear in the Bermuda Triangle (if it still exists). My daughter had landed in India. I knew it would be some time before I had this confirmed by her actual voice on the other end of a telephone. In the meantime I comforted myself by checking her bedroom and catching her scent wherever I could - of course she is fine - I kept on reassuring myself - hey ho - no news is good news. She didn't take her mobile so finding a telephone that worked would take her a while...It is incredibly quiet in my house - unnaturally so. No fights and screaming matches between brother and sister which normally drive me bonkers. So quiet. The pets don't understand it. The telephone is always free - my telephone bills have reduced by a third - uncanny. Anyway enough of my ramblings - here is Sarah's news:-

She wears her Salwar Kameez in public which consists of very baggy trousers and a long tunic plus scarf (without which she would be considered a prostitute). Sarah has suffered a bit of heat exhaustion (it is monsoon season). Sarah is teaching English with the help of an interpreter to the staff at the hospital where she is living. There is a belief in India that if you don't speak English you are worthless. She has travelled with Laura who comes from Kirriemuir. They both get invited to watch cataract operations which is fine for Laura as she wishes to become a paramedic but not so fine for Sarah who doesn't enjoy operations at all. Hmmm..Toilet paper is hard to find or buy. The tendency is to wash one's posterior!! With the aid of a bucket of water. Sarah has eaten a lot of authentic curries - Byriani is a favourite, and one apparently tasted of marmalade. Sarah already hates rice which she is given at every meal but she does love chapatties. Laura on the other hand loves rice - just a well. Dhal (a pulse stew) seems to go with every meal, there are different types - Lentil dhal, bean dhal. There is also a lot of vegetable dishes - Okra etc. All eating is with the hand - no cutlery at all. Sarah has now recovered from a stomach bug after being given some anti-biotics. Her nearest city to Bidar is Hyderabad and she has had some shopping trips there already. Sarah has also managed to visit some temples and gardens near to Bidar. She has also had Henna painted onto her hands - smells like mushrooms ...



## Andrews PC Advice



PC upgrades/help & advice



Fault finding with windows operating systems



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PCs, parts supply  
& independent advice  
on  
the best system  
to suit your needs



Network troubleshooting

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**HAPPY 16<sup>TH</sup>  
BIRTHDAY**

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BEST  
WISHES  
MUM**

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# Control of Substances Hazardous to Health

H. & S. E. Material Safety Data Sheet



## Woman: A Laboratory Analysis

**Element:** Woman

**Discoverer:** Adam

**Atomic Mass:**

Accepted as 53.6 Kg but may vary from 40 to 200 Kgs.

Chemical  
Symbol



### Physical Properties:

1. Surface usually covered with painted film.
2. Boils at various temperatures; freezes without any known reason.
3. Melts if given special treatment.
4. Bitter if incorrectly used.
5. Found in various states from virgin gem (rare) to common ore.
6. Yields to pressure applied to correct points.

### Chemical Properties:

1. Has great affinity for gold, silver, platinum and precious stones.
2. Absorbs great quantities of expensive substances.
3. May explode spontaneously without prior warning and for no reason.
4. Insoluble in liquids, but activity greatly increases by saturation.
5. Most powerful money reducing agent known to man.

### Common Uses:

1. Mainly for load bearing or ornamental purposes
2. Can be a great aid to relaxation.
3. Very effective cleaning agent.

### Tests:

1. Pure specimen turns rosy pink when found in natural state.
2. Turns green when placed beside better specimen.

### Potential Hazards:

1. Highly dangerous, except in experienced hands.
2. Unsafe to possess more than one, although several can be maintained in different locations provided specimens do not come into direct contact with each other.





# PROFILE OF A "LOCAL"

Name.....Wendy Sparrow Age.....71 years young Occupation...Retired Nurse

Q. Where do you come from and how long have you lived in St Cyrus  
A. Clacton -on-Sea, Essex - been in St Cyrus 12yrs

Q. What is your favourite film?  
A. I last went to a cinema about 20 years ago

Q. Who is your hero?  
A. Don't really have one

Q. What makes you cry?  
A. Cruelty to Children and Animals

Q. What is your favourite meal?  
A. Seafood and Salad

Q. If you win the lottery what would you buy first?  
A. Maybe a holiday and would donate a good sum to New Hope Trust

Q. What book are you reading at the moment?  
A. Nothing at the moment

Q. Who would you most like to be stuck on a desert island with?  
A. My husband John and my cats

Q. Who's music do you like just now?  
A. I don't like the modern music - too noisy

Q. If you had to live in another country where would it be?  
A. Canada or maybe Switzerland

Q. Have you met anyone famous?  
A. Prince Phillip at Buckingham Palace Garden Party. As a D.O.E. trainer (party was for D.O.E. Gold award Holders)

Q. What do you like best about St Cyrus?  
A. The countryside and the many friends I have made

Q. How could St Cyrus be improved?  
A. Several patches of \*waste land could be put to better use





# CONTACTS



CLUB / SERVICE	MEETING / TIME	LOCATION	CONTACT
Mearns Coastal Church ** Session Clerk	Sunday - 11.30	St Cyrus/ Johnshaven	Rev. G. Hastie 01674 850 288 Marshall Halliday 850549
St Cyrus Friendship club	Wednesday - 10 am	Village hall - use the side door	Mr Gavin 01674 850 288
Tea Dance Club	Friday - 2 -4pm	Village hall	Nan Mills 01674 850314
Scottish Country Dance Club	Monday evenings - 7.30 - 9pm	Village Hall	Joan Davidson 01674 850367
Outdoor Bowling	.....	.....	Mr M J Wilson 01674 850824
Indoor Bowling	Thursday - 7 - 9pm	Village hall Sep - Apr	01674 850 352
St Cyrus Comm Council Meetings	2 <sup>nd</sup> Tuesday in month	Village hall	01674 850371
Whist	Wednesday - 6.30 - 9pm	Village hall Sep - April	01674 850417
OAP	2 <sup>nd</sup> Monday in month	Village hall Oct - April	01674 850417
Playgroup	Tue & Wed 9-12	Village hall term time	01674 850723
Parent & Toddler	Friday 10 - 12am	Village hall	01674 850821
St Peters Free Church	1 <sup>st</sup> Sunday in month		01674 850607
Sunday School	.....	.....	01561 362787
Keep Fit	Wednesday - 8-9pm	Village Hall	.....
Gentle Exercise	Thursday 10.30 - 11.30 am	Village hall	.....
WRI	1 <sup>st</sup> Monday in month 7.30 pm	Village hall Sep - May	01674 850739
Youth Club	Friday - jnr (p5-7)- 6.30 - 8.15 Snr (s11-13) 8.30 - 10pm	Village hall term time	01674 850607
Hall Committee Meetings	No set time	Village hall	01674 850 003
Hall Bookings	Margaret Siessor	.....	01674 850726
Cubs			
Beavers			
Girl Guides			
Brownies			
Rainbows			
Flower Show	.....	.....	01674 850388
St Cyrus & Mearns Youth Football	.....	.....	01674 850371
Scottish Natural Heritage	.....	.....	01674 830736
Aberdeenshire Council	Bill Howatson	.....	01674 830746